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R110/Section 448  
Demonstration Speech—Self-Evaluation

I spent enough time gathering information and preparing for my speech. Finding appropriate quotes took some time. The hardest part in preparing for the speech was trying to decide what information to share and what to leave out. I spent quite a bit of time practicing my speech. I had too much information and needed it to flow smoothly in the allotted time, so I practiced and practiced. I never once said my speech in less than seven minutes when I practiced.

I wanted to include some of the history of stenciling because I thought it was interesting. I made a transparency of a stenciled colonial wall to give my classmates an idea of 1) what stenciling was like then and 2) to give them an idea of how creative they could be with stenciling now.

I thought the overhead was effective, as I showed it at a time in my speech when I was saying a lot of words and had nothing visual. My demonstration of stenciling was effective. I verbally listed the steps a couple of times as I demonstrated, plus gave some experience tips. I do think the audience could stencil themselves. The steps were listed in a chronological manner—one step follows another.

My information was appropriately organized. I explained what stenciling is, and then went on to materials needed, then how to stencil, and last why you should stencil.

I thought my eye contact and body language were good. I tried to focus longer on each person with my eye contact. I thought that I looked pretty natural with my gestures and moved to both sides of the room well.

I’m an enthusiastic person, so that part comes naturally. I did speak rather fast at the beginning. My first quote was rather cumbersome and hard to understand, so I flew through it, so that I could explain it in my own words. I was also concerned about making the time limit. I did finish in 6:25, but that was mostly because I forgot several items.