



# EXP105

## *Completing Your Personal Learning Profile*

The word “profile” in this day and age does not always have a good connotation to it. It can make you kind of step back and say “Whoa, wait a minute, I don’t want to be profiled.” But when you are developing your Personal Learning Profile, think of it is a way for you to collect a lot of important information about yourself that you want to convey to someone else very accurately, very personally – and you want them to have a good clear perception of who you are.

Your Personal Learning Profile, written in your own words, is intended to take each of your Learning Patterns – your Sequence, your Precision, your Technical Reasoning, your Confluence – and put it in your terms to describe how you use them when you’re learning and when you’re working with others. Now, you may Avoid some and it’s really fair to be very thoughtful about the way in which you explain how you avoid a Pattern. Or, you may use it just As Needed and that’s extremely important to convey also.

So, whether you use a Pattern first, use it as needed, or avoid it, you want to be able to frame it – to talk about it in your Personal Learning Profile so that someone can get to know you very quickly and very completely. Not as one aspect – not one label – not one term – but all four of your learning processes – how they work together, how they work with one another.

That puts together your Personal Learning Profile which you then can take to help instructors better understand you. You can take this and use this in your resume as you develop your career pathway. It’s a way for others to be able to say “Wow! This individual knows him or herself well, and not only that, they can articulate who they are to others.” That’s extremely important! To be an intentional learner, means you pay attention to who you are and use that understanding to be able to relate to others. That’s the effective way to use your Personal Learning Profile.