PSYCH E-1240  ABNORMAL PSYCHOLOGY  Fall 2015

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General Information
Welcome to Psych E-1240 Abnormal Psychology! The purpose of this course is to provide an introduction to mental disorders in adult humans. We will discuss diagnostic issues and methods used to study psychopathology. We will also examine a variety of mental disorders from several different theoretical and treatment perspectives. Focus will be on diagnosis, epidemiology, course of the disorder, etiology, and treatment issues. We will also briefly examine ethical and legal issues pertaining to psychopathology. A major goal of the course is to promote greater awareness and knowledge of psychopathology in hopes that we can reduce the suffering and stigma associated with mental disorders.

Course Requirements

<table>
<thead>
<tr>
<th>Undergraduate Students</th>
<th>Graduate Students</th>
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<tr>
<td>Section/Response Papers 15%</td>
<td>Section/Response Papers 15%</td>
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<tr>
<td>Study Pool Participation 5%</td>
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<td>Midterm Exam 30%</td>
<td>Midterm Exam 25%</td>
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<td>Movie Paper 15%</td>
<td>Term Paper 25%</td>
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<td>Final Exam 35%</td>
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Schedule

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<tr>
<th>WEEK 1 Tuesday, Sept 1</th>
<th>Introduction: Historical Overview &amp; Paradigms</th>
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<tr>
<td>WEEK 2 Tuesday, Sept 8</td>
<td>Paradigms (conclusion) &amp; Diagnosis and the DSM</td>
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<td>WEEK 3 Tuesday, Sept 15</td>
<td>Anxiety Disorders</td>
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<td>WEEK 4 Tuesday, Sept 22</td>
<td>Posttraumatic Stress Disorder &amp; Obsessive-Compulsive Disorders</td>
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<td>WEEK 5 Tuesday, Sept 29</td>
<td>Eating Disorders</td>
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<td>WEEK 6 Tuesday, Oct 6</td>
<td>Dissociative Disorders &amp; Somatic Symptom Disorders</td>
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<td>WEEK 7 Tuesday, Oct 13</td>
<td>Depression</td>
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<td>WEEK 8 Tuesday, Oct 20</td>
<td>Bipolar Disorder</td>
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<td>WEEK 9 Tuesday, Oct 27</td>
<td>MIDTERM EXAMINATION</td>
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<td>WEEK 10 Tuesday, Nov 3</td>
<td>Schizophrenia</td>
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<td>WEEK 11 Tuesday, Nov 10</td>
<td>Schizophrenia (conclusion) &amp; Creativity and Psychopathology</td>
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<td>WEEK 12 Tuesday, Nov 17</td>
<td>Alcohol/Drug Disorders &amp; Sexual Disorders</td>
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<td>WEEK 13 Tuesday, Nov 24</td>
<td>Personality Disorders</td>
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<td>WEEK 14 Tuesday, Dec 1</td>
<td>Personality Disorders (conclusion) MOVIE/TERM PAPER DUE</td>
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<td>WEEK 15 Tuesday, Dec 8</td>
<td>Legal and Ethical Issues &amp; Wrap-Up</td>
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<td>WEEK 16 Tuesday, Dec 15</td>
<td>FINAL EXAM</td>
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Required course materials
Please read the assigned chapters/articles before each lecture. While some lectures will be based on the readings, others will use the readings as a launching point for related topics. Exams will include material from both the readings and the lectures, so lecture attendance/viewing is highly recommended.

Section: Each week students will have a chance to participate in discussions that focus on the week’s topics. Local students will convene with a Teaching Fellow in a small group for a one-hour discussion in a seminar-type environment. Distance students will post entries on the online discussion section of the course website. You will be contacted by one of the Teaching Fellows during the first week of classes with additional details.

Response Papers. Each week I will present a question related to the week’s lecture topics. You will be required to write response papers for five of the eleven questions. Each paper will be 1-2 pages double-spaced and will reflect your personal response to the week’s question informed by assigned readings. Papers will be graded √+, √, or √-. A grade of √ suggests that your paper reflects a well-thought-out response, sufficient understanding of the topic, and full credit for the paper (the equivalent of 100% of the assigned credit for the assignment). A grade of √- suggests that your paper reflects insufficient understanding of the topic, a poorly thought-out response, or a deficit in writing skills. If you receive a √- grade, you will be given an opportunity to rewrite the paper and resubmit it within one week. If you choose not to rewrite the paper, you will receive the equivalent of a C- for the √- paper. A grade of √+ reflects a paper of exceptional quality in both writing execution and underlying thought. Papers that receive a √+ will receive extra credit (the equivalent of 120% of the assigned credit for the assignment). √+ grades will be given very infrequently.

Study Participation: The Harvard University Department of Psychology is internationally known as a cutting edge research institution. This affords students a great opportunity to observe first-hand the techniques and measures used in psychological research. All students are required to complete two units of study participation through the Department of Psychology. Many studies may be completed online. Additional information about study participation is available on the course website.

Movie Assignment (Undergrad students only):
Each week I will recommend a full-length movie that is relevant to the course material for that week. You will select two movies as topics for a 4-6-page paper (double-spaced). You will write a synopsis of the movie, suggest a diagnosis for the main characters, and compare and contrast the presentation of symptoms/treatment in the movie to that which we discuss in class.

Course Term Paper (Grad students only): Graduate students will be required to write a 10-12-page term paper (double-spaced) using APA format and style. You may choose any topic that is related to abnormal psychology. The paper should seek to answer a focused research question. The answer to that question will be your thesis statement. You should support your thesis with evidence from the existing psychological literature on psychopathology. A more detailed description of the paper assignment will be available on the course website.

Academic Honesty
You are responsible for understanding Harvard Extension School policies on academic integrity (www.extension.harvard.edu/resources-policies/student-conduct/academic-integrity) and how to use sources responsibly. Not knowing the rules, misunderstanding the rules, running out of time, submitting "the wrong draft", or being overwhelmed with multiple demands are not acceptable excuses. There are no excuses for failure to uphold academic integrity. To support your learning about academic citation rules, please visit the Harvard Extension School Tips to Avoid Plagiarism (www.extension.harvard.edu/resources-policies/resources/tips-avoid-plagiarism), where you'll find links to the Harvard Guide to Using Sources and two, free, online 15-minute tutorials to test your knowledge of academic citation policy. The tutorials are anonymous open-learning tools.
Disability Accommodations
The Extension School is committed to providing an accessible academic community. The Disability Services Office offers a variety of accommodations and services to students with documented disabilities. Please visit www.extension.harvard.edu/resources-policies/resources/disability-services-accessibility for more information.

Grading Rubric

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<th>Percentage</th>
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<tbody>
<tr>
<td>94-100</td>
<td>A</td>
<td>67-69</td>
<td>D+</td>
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<tr>
<td>90-93</td>
<td>A-</td>
<td>63-66</td>
<td>D</td>
<td></td>
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<tr>
<td>87-89</td>
<td>B+</td>
<td>60-62</td>
<td>D-</td>
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<tr>
<td>83-86</td>
<td>B</td>
<td>Below 60</td>
<td>Fail</td>
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READINGS

Tuesday, Sep. 1 Introduction: Historical Overview; Paradigms
- (Butcher, Mineka, & Hooley) Chapters 2 & 3

Tuesday, Sept. 8 Paradigms (conclusion); Diagnosis and the DSM
- (Butcher, Mineka, & Hooley) Chapters 1 & 4

Tuesday, Sept. 15 Anxiety Disorders
- (Butcher, Mineka, & Hooley) Chapter 6
- (Oltmanns, Martin, Neale, & Davison) Case Study 2

Tuesday, Sept. 22 Posttraumatic Stress Disorder; Obsessive-Compulsive Disorder
- (Butcher, Mineka, & Hooley) Chapter 5
- (Oltmanns, Martin, Neale, & Davison) Case Studies 1 & 3

Tuesday, Sept. 29 Eating Disorders
- (Butcher, Mineka, & Hooley) Chapter 9
- (Oltmanns, Martin, Neale, & Davison) Case Studies 15 & 16

Tuesday, Oct. 6 Dissociative Disorders; Somatic Symptom Disorders
- (Butcher, Mineka, & Hooley) Chapter 8
- (Oltmanns, Martin, Neale, & Davison) Case Studies 5 & 8

Tuesday, Oct. 13 Depressive Disorders
- (Butcher, Mineka, & Hooley) Chapter 7
- (Oltmanns, Martin, Neale, & Davison) Case Study 6

Tuesday, Oct. 20 Bipolar Disorder
- (Jamison) An Unquiet Mind
- (Oltmanns, Martin, Neale, & Davison) Case Study 7

Tuesday, Oct. 27 MIDTERM EXAMINATION

Tuesday, Nov. 3 Schizophrenia
- (Butcher, Mineka, & Hooley) Chapter 13
- (Oltmanns, Martin, Neale, & Davison) Case Study 9
Tuesday, Nov. 10  Schizophrenia (conclusion); Creativity and Psychopathology

Tuesday, Nov. 17  Alcohol/Drug Disorders; Sexual Disorders
  • (Butcher, Mineka, & Hooley) Chapters 11 & 12
  • (Oltmanns, Martin, Neale, & Davison) Case Studies 11 & 13

Tuesday, Nov. 24  Personality Disorders
  • (Butcher, Mineka, & Hooley) Chapter 10
  • (Oltmanns, Martin, Neale, & Davison) Case Study 18

Tuesday, Dec. 1  Personality Disorders (conclusion)
  • (Oltmanns, Martin, Neale, & Davison) Case Studies 19 & 20

TERM PAPER DUE *(Graduate Students)*

MOVIE ASSIGNMENT DUE *(Undergrads)*

Tuesday, Dec. 8  Legal and Ethical Issues; Wrap-Up
  • (Butcher, Mineka, & Hooley) Chapter 17

Tuesday, Dec. 15  **FINAL EXAM**

**HAPPY HOLIDAYS!**