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DTS Houston

BC305 HO Counseling & Ethics Practicum I  
Fall 2018 - Tuesdays, 7:45–10:25am

## **BC305HO - COUNSELING AND ETHICS PRACTICUM I SYLLABUS**

### **I. COURSE DESCRIPTION**

Course designed to introduce the practices, processes, and procedures involved in counseling based on the theory and practice taught in BC210 Counseling Theory. Direct interaction in a group counseling atmosphere develops students' understanding of and ability to address common problems that people experience. Students receive 10 one-hour counseling sessions with a supervised licensed professional counselor (LPC) intern per semester (during Practicum I and continuing through the following semester), which results in 20 total counseling sessions for the year. Prerequisite: BC210 Counseling Theory (must be taken previously or concurrent with this practicum). Enrollment limited to twelve students per section. Open also to students who are not in the M.A. in Biblical Counseling program.

### **II. COURSE OBJECTIVES**

The course is designed in a group discussion format to give students an understanding about their own personality as well as integrate their personal awareness with how the personality of the counselor affects the therapeutic experience. Class discussion and assignments will develop students' skills for providing effective counseling, such as:

1. Developing basic interviewing and assessment skills.
2. Understanding and adjusting to the range of emotions expressed during the counseling sessions.
3. Gaining understanding and appreciation for the counseling process through direct exposure, such as during students' personal counseling sessions.
4. Identifying and working through personal struggles in preparation for serving and counseling others.
5. Developing the interpersonal skills required in effective counseling
6. Understanding and adjusting to emotions during the counseling sessions.

### III. COURSE MATERIALS

#### A. Required Texts

Meier, S.T. & Davis, S.R. *The elements of counseling (7<sup>th</sup> Edition)*. Cengage Learning. 2010. (112 pgs.).

Teyber, E. & McClure, F.H. *Interpersonal process in therapy: An integrative model (skills, techniques, & process) (6<sup>th</sup> Edition)*. Cengage Learning. 2010. (512 pgs.).

Sanders, R. K., ed. (2013). *Christian Counseling Ethics, A Handbook for Therapists, Pastors, & Counselors*. Downers Grove, IL: IVP Academic.

#### B. Suggested Texts

American Psychiatric Association. *Diagnostic and statistical manual of mental disorders, 5<sup>th</sup> Edition: DSM-5*. American Psychiatric Publishing. 2013. (991 pgs.).

### IV. COURSE REQUIREMENTS

#### A. Reading Assignments

Reading of the texts according to the schedule.

#### B. Written Assignments (counseling, journaling)

Students are expected to complete individual counseling (20 sessions) and journal writing assignments convey their progress during these and other course-related exercises. While journals are due every other week, entries should be made weekly.

#### C. Quizzes and/or Exams

Six quizzes throughout the semester with their basis in class sessions and assigned reading. Quizzes will be administered and graded in class at the beginning of the class in which they occur.

### IV. COURSE SUPPLEMENTAL INFORMATION

DTS does not discriminate on the basis of disability in the operation of any of its programs and activities. To avoid discrimination the student is responsible for informing the Coordinator of Services for Students with Disabilities and the course instructor of any disabling condition that will require modifications.

## VI. COURSE POLICIES

### A. Letter/Numerical Grade Scale

<b>A+ 99-100</b>	<b>B+ 91-93</b>	<b>C+ 83-85</b>	<b>D+ 75-77</b>	<b>F 0-69</b>
<b>A 96-98</b>	<b>B 88-90</b>	<b>C 80-82</b>	<b>D 72-74</b>	
<b>A- 94-95</b>	<b>B- 86-87</b>	<b>C- 78-79</b>	<b>D- 70-71</b>	

### B. Assignment Weighting

Evaluation of Skills	30%
Journal Entries	30%
Quizzes	30%
Reading Log	10%

### C. Class Participation

Students are expected to arrive to class on time and to be prepared to participate in classroom activities.

### D. Late Assignments

No late assignments will be accepted. If a student does not turn in the assignment when it is due or does not show up for a scheduled quiz, it will result in a zero for that assignment. There will be no exceptions.

### E. Absences

Upon the third absence (justified or not) the student will be dropped from the course. Excessive absences indicate a lack of priority for the course at this time in the student's life and should thus be repeated at a more appropriate time in the future for the student.

## VI. COURSE LECTURES & ASSIGNMENT SCHEDULE

#	Date	Lecture Topic	Reading Assignment	Due
1	8/28	Introduction & Requirements	Meier p. 1-40	
2	9/4	The Counseling Process	Meier p. 41-81	Journal Entry
3	9/11	Role Play & Discussion	Teyber Ch. 1	
3	9/18	Role Play & Discussion	Teyber Ch. 1	Quiz #1
4	9/25	Establishing a Working Alliance	Teyber Ch. 2	Journal Entry
5	10/2	Client Resistance	Teyber Ch. 3	Quiz #2
6	10/9	Change	Teyber Ch. 4	Journal Entry
7	10/16	Change	Teyber Ch. 4	Journal Entry
8	10/23	Responding to Emotions	Teyber Ch. 5	Journal Entry
9	10/30	Family & Developmental Factors	Teyber Ch. 6	Quiz #3
10	11/6	Interpersonal Coping Strategies	Teyber Ch. 7	Quiz #4 & Journal
11/12-16	READING WEEK – NO CLASSES			
11/19-23	THANKSGIVING BREAK – NO CLASSES			
11	11/27	Interpersonal Factors & Solutions	Teyber Ch. 8 & 9	Quiz #5
12	12/4	Working Through & Termination	Teyber Ch. 10	Journal Entry
13	12/11	Case Notes & Supervision		Quiz #6 & Reading Report
14	12/18	Exam Week – No Class		

***This syllabus is subject to change without notice.***